

Galva Youth Sports Association Volleyball League Rules

Officiating

- Officials will be provided by the hosting location.

Warm-ups

- As there will be games going on at the same time on parallel courts, we ask that all precautions be taken during warm ups to not interrupt the other court while a game is in play. Please stay away from the other court, only hit balls away from the other court, and do not practice serves until the other game has finished.

Numbers of Players, Position, and Rotation

- A team will consist of six players on the court at a time and substitutes. Three players in the front row, and three players in the back row. A minimum of four players must be present to play.
- The right back player will serve the ball.
- When the receiving team has gained the right to serve, its players must rotate one position clockwise, including substitutes that may be coming on to the court of play.

Playing Area, Net, and Ball

- A regulation size court will be used. A ten-foot service line will be used in the third and fourth grade league. A twenty-foot service line will be used in the fifth and sixth grade league. Any player is allowed to serve beyond these respective lines if they choose.
- The height of the net will be seven feet, zero inches (7'0") for all ages.
- Volley-Lite balls will be used for games.

Matches/Games

- Matches/Games are made up of sets. The first two sets will be to twenty (20) points. If a third set is needed, it will be played to fifteen (15) points. The winner of the match/game will be the first team to win two (2) sets. If the same team wins the first two sets, there will not be a third set.
- Sets must be won by two (2) points.
- There will be a 3-minute intermission between each set.
- Max time limit is 45 minutes per match/game.
- Teams will switch sides/benches between games

Play

- At the moment of the serve, all in-game players must be on the court or court lines, not standing outside the court.
- Maximum of three (3) hits per side
- Points are made on every serve (rally-point scoring).
- One player may not hit the ball twice in succession (a block is not considered a hit).
- Ball may be played off the net during a volley and on a serve.

- A ball that comes in contact with the boundary line is considered “in.”
- A ball is considered “out” if it hits the floor completely outside the court, any object outside the court, or the ceiling above a non-playable area.
- A maximum of three consecutive points may be scored by any one server. When this total accrues, the team serving shall retain the serve, but one full rotation must take place.
- A team keeps the right to serve until they commit a fault, and the other team scores.
- The ball may not touch the ground of a playing team's court, or touch the ground outside the playing area after being contacted by a player. If the ball touches the ground outside the playing area, it is a fault of the team that last touched the ball. If it touches the ground inside the playing area, it is a fault on the team whose playing area the ball landed in.
- ***For the third and fourth grade league***, if the first serve does not make it over the net or lands out of bounds (fault for any reason), the server will get one second chance on their first serve only. If a fault is committed on the second attempt at first serve, then a point and ball to serve will go to the opponent.
 - If the server is successful on their second attempt at first serve, and his/her team gets a point on that second attempt, they will not be given a re-do serve on following serves. Keep in mind, if a serving player successfully serves for three straight points, a rotation must take place.
- ***For the fifth and sixth grade league, a second chance at serve will not be given for a fault, and point/serve to the opposing team will be rewarded.***
- Contacting the ball illegally (double touching, lifting, carrying, throwing, etc) will result in a fault, a point and ball to serve will go to the opponent.
- Crossing the court centerline/touching the net is a violation and will result in a fault, with a point and ball to serve will go to the opponent.

Interruption of play

- Each team is allowed two (2) time-outs per set. Each time-out will be 30 seconds.
- As there will be games going on at the same time on parallel courts, if a ball from the other court enters game play, or interrupts game play, there will be a stoppage in play, and the current point being played will be served again.

Substitutions

- The substitute player must occupy the same position as the player leaving the game in the rotation.
- Substitutions must take place during a dead ball and be signaled in by the official.