

Galva Youth Sports Association Volleyball League Rules

League Rules

- Restrooms must be available.
- Referees will be provided by the hosting location. Coaches from both teams can function as the referees in the event there isn't one available.
- Admission to games will be free.
- Masking is now recommended but not required.

Basic Volleyball Rules

Number of Players, Position, and Rotation

- A team consists of 6 players on the court and substitutes. 3 players in the front and 3 players in the back. A minimum of 4 players must be present to play.
- The right back player will serve the ball. When the receiving team has gained the right to serve, its players must rotate 1 position clockwise, including substitutes.
- All players must receive equal playing time.

Playing Area, Net, and Ball

- A regulation size court will be used. A 15 foot service line will be used in the 3rd and 4th grade. The 5th and 6th grade league will use the 20-foot service line. **All servers may move forward to serve if unable to serve from the service line**
- The height of the net will be 7'0" for all ages
- Volley-lite balls will be used for games.

Interruption of Play

- After the serve, the ball is played until the referee blows the whistle (dead ball).
- Each team is allowed 2 timeouts per game.
- Timeouts may only be made in dead ball situations.
- Substitutions may also take place during dead ball situations and must do so without delay of the game and must enter the game in the same service rotation (i.e. center back).

Play

- Maximum of 3 hits per side
- Points are made on every serve (rally-point scoring).
- Player may not hit the ball twice in succession. (A block is not considered a hit.)
- Ball may be played off the net during a volley and on a serve.
- A ball hitting a boundary line is in.
- A ball is out if it hits the floor completely outside the court, any object outside the court, or the ceiling above a non-playable area.
- It is legal to contact the ball with any part of a player's body.
- It is illegal to catch, hold or throw the ball.
- A maximum of 3 consecutive points may be scored by any one server. When this total accrues, the team serving shall retain the serve but one full rotation must take place.

- A team keeps the right to serve until they commit a fault and the other team scores.
- The ball may not touch the ground of the playing team's court, or touch the ground outside the playing area after being contacted by a player of the same team.
- The ball touches the ground outside the playing area it is a fault of the team that last touched the ball. If it touches inside the playing area it is a fault on the team whose playing area it is.
- Matches are made up of sets; the number depends on level of play. 3-set matches are 3 sets to 15 points. The winner is the first team to win 2 sets. Max time limit is 40 minutes.

Rule Violations

Rule violations that result in a point for the opponent

- Failure to serve the ball over the net successfully after 2 tries. (Each server only gets 1 free hit per turn. Ex: if 1st serve doesn't go over, 2nd goes over and scores, 3rd doesn't go over, they're done. - 1st goes over, 2nd does not they get another try 3rd goes over, 4th doesn't they're done.)
- Ball-handling errors. Contacting the ball illegally (double touching, lifting, carrying, throwing, etc.)
- Crossing the court centerline with any part of your body is a violation.
- Serving out of rotation/order.